



**Safe
business is
sustainable
business**

ErgoProlipsis

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A BOUTIQUE CONSULTING
AGENCY SPECIALIZING IN
OCCUPATIONAL SAFETY,
HEALTH & SUSTAINABLE
DEVELOPMENT

ErgoProlipsis

-  OCCUPATIONAL SAFETY, HEALTH & SUSTAINABLE DEVELOPMENT SERVICES
-  SHE MEASUREMENTS
-  HUMAN RESOURCES TRAINING & DEVELOPMENT

01 In a Nutshell 04

02 Values & Principles 06

03 Services 08

04 Clients 22

05 Why Work With Us 24

01

In a Nutshell

OUR IDENTITY

ErgoProlipsis is a private company providing consulting services in the fields of Occupational Safety, Health and Sustainable Development.

-  Established in Heraklion, Crete, in 2002, ErgoProlipsis has over two decades of steady growth and has expanded its presence with offices in Athens and operations extending across Greece, Cyprus, the Balkans and the Eastern Mediterranean.
-  The company is strategically positioned as the preferred partner of top-tier brands both in the construction industry and across other professional sectors, for all issues pertaining Occupational Safety and Health.
-  Leveraging cutting-edge knowledge and technology, with a steadfast commitment to innovation, quality and continuous progress, ErgoProlipsis' quality and standard of services have emerged as a benchmark in the field of Occupational Safety and Health, pursuing one clear objective: "Zero Accidents" in every workplace.

OUR VISION

We envision Safety, Health and Sustainable Development being recognized as core pillars of every business strategy and culture.

OUR MISSION

To continue empowering organizations to protect their most valuable asset: Their People.

More than two decades of continuous development, driven by the “Zero Accidents” vision




“Our philosophy is that prevention is better than cure.”

02

Values & Principles



A hand in a dark suit sleeve points upwards with the index finger. A white line graph is overlaid on the background, featuring a house-shaped peak on the left and an upward-pointing arrow on the right. The background is a blurred image of a person's face, partially obscured by a white arrow-shaped graphic on the left and a blue diagonal graphic at the top right.

“With unwavering commitment to our Values & Principles, we promote the establishment of a prevention culture in the fields of Occupational Safety, Health and Sustainable Development.”

03

Services

ErgoProlipsis provides specialized consulting services in Occupational Safety, Health and Sustainable Development.



Occupational Safety and Health in Businesses



Occupational Safety and Health in Construction Projects



Harmful Factors Measurements (SHE Measurements)



Personnel Training & Development



Specialized Services



Sustainable Development

“All our services
fall under a single
category: **Premium.**”



Occupational Safety and Health in Business

A well-designed and properly implemented Occupational Safety and Health (OSH) program is an integral part of every genuinely exceptional business. Companies that maintain higher Safety and Health standards are not only more successful, but also more sustainable.

Taking proactive action brings significant benefits to your organization. Within this framework, ErgoProlipsis provides comprehensive and targeted support that includes:



**Occupational
Safety Officer
Services**



**Occupational
Risk Assessment
Study**



**Occupational
Physician
Services**

“Only precise and thorough identification of risks can lead to effective strategic planning and prevention tools. Our commitment to detail is nearly “obsessive”.”

Occupational Safety and Health in Construction Projects

Construction sites entail numerous high-risk activities and conditions such as working at height, excavation, noise, dust, and the use of electrical tools and equipment. Occupational Safety and Health (OSH) has become a critical issue for all stakeholders, emphasizing the need to care for and protect human resources.

To improve performance in Occupational Safety and Health across construction projects, ErgoProlipsis offers the following services:



**Occupational
Safety Officer
Services**



**Safety
Coordination
Services**



**Safety and Health
Plan and File
(SHP – SHF)**



**Environmental
Management
Plan**



**Emergency
Response
Plan**



**Occupational
Physician
Services**

SHE Measurement Services

ErgoProlipsis operates a state-of-the-art, fully equipped measurements lab, meeting the requirements of even the most specialized applications. Its highly trained personnel carries out on-site field measurements to identify harmful agents and pollutants in industrial, craft, and other production facilities.

FIELDS OF APPLICATION

ENVIRONMENTAL MANAGEMENT

(ISO 14001, EMAS)

OCCUPATIONAL SAFETY AND HEALTH MANAGEMENT

(ISO 45001, ISO 22000, HACCP, NIOSH, OSHA, UK HSE, Safety Officer & Occupational Physician services, Public Health)

MEASUREMENTS CONDUCTED

- Dust and pollutant concentration measurements at site boundaries
 - Noise level measurements at site boundaries
 - Gaseous pollutant concentration measurements in chimneys
 - Pollutant concentration measurements in water
-

- Inert dust concentration measurements (inhalable-respirable fraction)
- Noise level mapping and assessment
- Chemical substance measurements (particulates, gases, pollutants such as VOCs, CO₂, CO, NO, NH₃, etc.)
- Fibrous dust measurements (asbestos, cotton)
- Light intensity measurements
- Heat stress index (WBGT) measurements
- Electromagnetic radiation measurements around antennas or electrical networks
- Temperature and humidity measurements in workplaces
- Airflow velocity control in offices
- Machine operator vibration measurements
- Electrical installation safety inspection using thermography
- Floor slip resistance testing (Antislip test)
- PAT (Portable Appliance Testing) – Electrical inspection of portable electrical devices
- Sampling and analysis for microbial exposure (microorganisms, bacteria & fungi)

Personnel Training & Development

Employee training is one of the key priorities within any organization, as human resources represent its most valuable asset and play a decisive role in achieving business objectives.

Providing continuous training helps enhance employee engagement and retention, ultimately increasing productivity and profitability.

ErgoProlipsis assists companies in planning and implementing Occupational Safety and Health (OSH) training programs, offering the following services:



**Occupational
Safety & Health
Training**



**Workplace Health
Promotion**



**Emergency
Preparedness &
Response Drills**



**High-Risk Work
Training**



**First Aid
Training**

Cooperation & Flexibility

“Our services are tailor-made. We work closely with our clients. Their risks are our challenge and our motivation to keep raising the bar in meeting and exceeding their expectations.”

Specialized Services

INDUSTRIAL SAFETY

The synergy between ErgoProlipsis and ProAct provides extensive consulting services focusing on Process Safety and Machinery Safety.

- ⊗ Explosion Protection Studies (ATEX)
- ⊗ Explosion Protection Documentation
- ⊗ Fire Hazard Analysis and Fire Protection Studies
- ⊗ Machinery Safety Inspections carried out by Certified Machinery Safety Engineers
- ⊗ Construction Safety in Design (Building Information Modeling – BIM)
- ⊗ Hazard & Operability (HAZOP) Studies conducted by Certified HAZOP Leaders
- ⊗ Layers of Protection Analysis (LOPA)
- ⊗ Safety Integrity Level (SIL) Assessments
- ⊗ Quantitative Risk Assessments (QRA)
- ⊗ Major Accident Consequence Modelling
- ⊗ Bow Tie Risk Analysis

SECOND-PARTY SAFETY INSPECTIONS

Through our extensive experience and technical expertise, we provide effective inspection services fully aligned with the requirements of international standards, as well as standards related to sustainability, safety and health, environmental protection, sustainable development, and responsible entrepreneurship.



EVACUATION PLAN

The implementation of Evacuation Plans, in accordance with the requirements of Greek and European legislation, is carried out based on ISO 23601:2020 (Safety Identification Escape and Evacuation Plans). The evacuation diagrams clearly indicate:

- The floor plan of each area
- The main and secondary routes and escape exits
- The location of active fire protection equipment, emergency equipment, and first aid kits
- The assembly points
- Emergency evacuation procedures

OCCUPATIONAL MENTAL HEALTH

Considering that the average person spends more than one third of their life at work, maintaining a positive employee mindset is vital both for the well-being of the workforce and the overall prosperity of the company. At ErgoProlipsis, we treat each person as a unique individual with distinct characteristics and needs, while mental health and workplace well-being remain a non-negotiable priority. We offer specialized mental health services through qualified counsellors and executive coaches. Through counselling, interpersonal relationships in the workplace are strengthened, promoting team unity and cohesion.

- Employee Counselling Support
- Private sessions
- Group sessions & seminars
- Tailor-made services

THREAT & RISK ASSESSMENT STUDY

To effectively address potential threats, a Threat and Risk Assessment Study is conducted, as required by international risk-management standards. The study includes:

- Description of the facilities and existing protection measures
- Vulnerability study with detailed risk and threat analysis
- Risk assessment and evaluation
- Recommendations for corrective actions to eliminate unacceptable risks

ELECTRICAL INSTALLATIONS INSPECTION

The systematic inspection of electrical installations is a fundamental legal requirement and must comply with the ELOT HD 60364 standard.

Using state-of-the-art, accredited testing instruments, all necessary safety measurements are performed on electrical installations, followed by the issuance of the Inspection Certificate, which includes:

- ❖ Declaration of Licensed Electrical Installation Engineer
- ❖ Summary Report
- ❖ Electrical Installation Inspection Protocol (ELOT HD 60364)
- ❖ Single-line diagrams of the electrical installation

BEHAVIOUR-BASED SAFETY (BBS) MANAGEMENT SYSTEM

Behaviour-Based Safety (BBS) is a structured approach used to identify, assess, and prevent unsafe reactions and behaviours that may lead to accidents.

It is based on the understanding that human behaviour often underlies every accident and can be influenced by specific stimuli leading to particular decisions (the A-B-C model).

The development of a Behaviour-Based Safety (BBS) system involves the following steps:

- ❖ Recording and evaluating the company's safety culture
- ❖ Designing a Behaviour-Based Safety (BBS) management system
- ❖ Developing an internal awareness and communication campaign for employees
- ❖ Training and participation in behavioural safety inspections
- ❖ Evaluation of findings and outcomes
- ❖ Formation of corrective action teams
- ❖ Monitoring indicators and accident trends

OCCUPATIONAL SAFETY, HEALTH AND ENVIRONMENTAL MANAGEMENT SYSTEMS

ISO 45001:2018 and ISO 14001:2015 standards provide guidance for organizations seeking to proactively improve their performance in Occupational Safety and Health (OSH) and environmental protection. These standards apply to all companies, regardless of size or field of activity. ErgoProlipsis possesses extensive experience and know-how in designing and implementing management systems, taking into account the specific requirements of each organization. This ensures that every system can be customized to the company's needs, contributing decisively to the formation of a strong safety culture among both employees and management.

BUSINESS CONTINUITY PLAN

The Business Continuity Plan (BCP) is a holistic framework designed to identify potential threats to uninterrupted business operations and establish effective response strategies. Its objective is to minimize the negative impact of disruptive events on the organization's stakeholders, including shareholders, clients, society, and insurance providers.

PROTECTION AGAINST VIOLENCE & HARASSMENT AT WORK

To comply with legal requirements, ErgoProlipsis develops a Violence and Harassment Prevention Policy, which typically includes:

- ☒ Management Statement declaring zero tolerance for any form of violence or harassment
- ☒ Definition of scope and applicability of the policy
- ☒ Terminology and definitions related to workplace violence and harassment
- ☒ Clarification of roles, responsibilities, and rights for both employer and employees
- ☒ Preventive and mitigating measures against violent or harassing behaviour
- ☒ Reporting and response procedures for incidents of this nature

People Above All

"Nothing surpasses the value of human life, safety, health and well-being. With this deeply rooted in our mindset, we support and empower our clients every single day, helping them protect their most valuable asset: Their People."

COMPILATION OF OCCUPATIONAL SAFETY, HEALTH & ENVIRONMENTAL LEGISLATION REGISTER

The compilation of the register involves a comprehensive identification and tracking of all applicable legislation relevant to the company or organization, covering the following areas:

SAFETY

- Occupational Safety
- Technical Safety
- Disaster / Emergency Management
- Business Continuity Management
- Operational Procedures
- Driving Safety
- Business Travel

HEALTH

- Occupational Health
- Accident Protection
- Health and Safety Protection
- Health Promotion
- Nutrition
- Hazardous Materials

ENVIRONMENT

- Air Emissions
- Water
- Soil
- Waste Management
- Packaging
- Resource Conversion & Utilization
- Energy
- Natural Impacts
- Radiation

SHE GAP ANALYSIS

The Safety, Health & Environmental (SHE) Gap Analysis is a proactive approach designed to ensure that the organization complies with all applicable legislative and regulatory requirements.

This service includes a wide range of assessments aimed at identifying strengths, risks and opportunities for improvement. ErgoProlipsis' experts can pinpoint key areas requiring immediate attention and provide improvement proposals and implementation plans.

ERGONOMIC WORK ANALYSIS STUDY

Millions of employees across Europe suffer from work-related Musculoskeletal Disorders (MSDs), which remain the most common occupational health issue. MSDs are cumulative disorders caused mainly by:

- ✿ Manual handling of loads, especially involving twisting and bending of the torso
- ✿ Repetitive movements or movements requiring muscular effort
- ✿ Painful or static body postures

WORKPLACE STRESS MANAGEMENT SEMINAR

This seminar is addressed to employees and focuses on the most effective ways of managing workplace stress at a personal level.

The seminar's agenda includes:

- ✿ The nature and effects of stress
- ✿ The causes of excessive workplace stress
- ✿ The symptoms of excessive stress
- ✿ The reasons why stress-related problems must be addressed
- ✿ Practical methods for managing and reducing stress



Sustainability Services

Sustainability has become a strategic imperative for every modern organization. It is not merely about compliance with regulatory frameworks, but about embedding responsibility into the core of corporate strategy and culture, enhancing readiness, resilience, and long-term value creation. At ErgoProlipsis, we support businesses in their transition towards more responsible and integrated models of growth. Through practical and actionable solutions, we help improve their performance and positive impact — across the social, environmental, and economic dimensions of sustainability.

Sustainability & Corporate Social Responsibility (CSR) Strategy

Connecting business objectives with social and environmental priorities through an integrated framework of actions.

Regulatory Compliance & Sustainability Reporting

Support in compliance with CSRD, ESRS, GRI, the Climate Law, and other international standards.

Governance & ESG Policies

Development of policies and procedures that strengthen transparency, accountability, and responsible corporate governance.

Emissions (GHG) Accounting & Decarbonization Planning

Calculation of Greenhouse Gas (GHG) emissions, development of reduction plans, and climate adaptation actions.

Double Materiality & Sustainability Risk Management

Impact, risk and opportunity assessment (Double Materiality Assessment), sector analysis, and target-setting.

ISO Management Systems for Sustainability

Implementation and support of ISO standards (14001, 14064, 50001, 21401, 26000, etc.) for sustainable and socially responsible operations.

Sustainable Supply Chain

Policies for responsible sourcing, supplier assessments, and ESG due diligence. Support in ESG Ratings & Reporting Frameworks

Preparation for leading ESG evaluations (e.g. EcoVadis, CDP, Travelife, ESGr) and alignment with reporting frameworks.

Training & Awareness

Specialized training programs and workshops that cultivate a culture of sustainability, grounded in the principles of sustainable development and corporate responsibility.

In-House ESG

We design and implement internal ESG departments within your organization, staffed with your own people, and built on an Integrated Sustainability Management System that includes strategy, KPIs, processes and monitoring mechanisms.

This way:

- You gain independence and the ability to meet your ongoing ESG needs.
- We remain your strategic partners and agents of change — providing expertise, tools and continuous support.

“Real change begins when the principles of Sustainable Development become part of an organization’s everyday operations.”

Our goal:
**To share knowledge
and generate long-term
value.**



04

Clients





05

Why work with us

We are widely recognized for the premium quality of our services and are strategically positioned as your ideal partner in Occupational Safety & Health (OSH).

In just 20 years, we have achieved:

To build a team of highly specialized Occupational Safety & Health professionals

100+ 

To deliver more than

 **2.650**
PROJECTS & STUDIES

To ensure safe working conditions in more than

1.100
FACILITIES



To earn the consistent trust and preference of more than

650
COMPANIES



To safeguard the safety and health of more than

21.000
EMPLOYEES



Our Mission

To empower businesses to safeguard the safety and health of their most valuable asset, their people by leveraging knowledge as a strategic advantage and building holistic resilience.



Our unwavering commitment to fostering a culture of prevention and advancing sustainability is our key competitive advantage.

ADDED VALUE

We deliver added value to our clients by going beyond consulting and creating a clear “roadmap” that enables them to achieve optimal safety conditions across their facilities. This is evidenced by the long-term nature of our partnerships, where the average duration of our client relationships exceeds five years.



ESTABLISHING A REFERENCE POINT

By leveraging the insights of modern science and the most reliable technological solutions, combined with our unwavering commitment to quality and innovation, we ensure that the principle of prevention becomes a true point of reference in the minds of our clients.



COLLABORATION

We work closely with our clients to help them achieve high performance, transforming Occupational Safety and Health from a “compliance obligation” into a strategic priority embedded across every aspect of their operations. Knowledge and evidence-based practice form the foundation of this transition, establishing OSH and Sustainability as strategic infrastructure for our clients.



DOCUMENTATION

In this process, recording and documentation play a critical role. We analyze the data, identify potential hazards, assess the level of risk, and then, drawing on our expertise, provide targeted consulting support to help our clients minimize risks while maximizing safety levels across their workplaces.



Unweaving commitment to quality

In the field of Occupational Safety & Health, there is no room for half-measures. Only absolute certainty is acceptable.

That is why we invest in the Safety by Design philosophy: Integrating safety from the very first design stage of a project and acting as strategic knowledge partners throughout the process.

**Great
Place
To
Work®**

Certified

JAN 2025-JAN 2026

GREECE

™

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